

Professional Disclosure Statement and Consent for Treatment with Sandra E. Hennies

The majority of this document is mandated by both South Carolina State law¹ and Public Law 104-191². This information is provided for your protection. I have tried to anticipate the risks you may face as a result of being in therapy. If you have any questions regarding any document you have received, please feel free to discuss them with me.

Contact information: My office is located at 906 Burwell Lane in Columbia, SC, 29205. The telephone number is (803) 787-3130 (the voice mail is confidential). Clients are seen by appointment only and office hours are Monday-Thursday.

Personal Qualifications: South Carolina Licensed Marriage and Family Therapist (0056). I received a bachelor's degree from the University of South Carolina in English/Psychology in 1968, and a master's degree from the University of South Carolina in Vocational Rehabilitation Counseling in 1971. I am a Family Mediator certified by the Supreme Court of South Carolina (ADR#1227) and a certified Hypnotherapist. I am also certified in Emotional Freedom Techniques (EFT) and Matrix Reimprinting.

Services: I provide several therapeutic services which include resolving depression, anxiety, panic disorder, addictions, codependency, couple conflict and problem solving, sexuality issues, anger management, adolescent behavior and school related issues, stress, fear, guilt, inner child work and healing. In addition, Emotional Freedom Techniques (EFT), Hypnotherapy and Mediation are offered. I offer an independent psychotherapy practice that provides many resources for improving emotional health for individuals, couples and families.

Fees: Payment for professional services is due at the time they are rendered. The fee for individual, couple and family therapy is \$150 per hour, or \$140 if paid in cash. There are additional fees for extensive telephone discussions, texts, emails, letters and forms.

Confidentiality: The information you share in psychotherapy is generally considered confidential by South Carolina state law and federal regulations. Your therapy file can be subpoenaed in South Carolina through a court order (signed only by a judge) but is considered privileged in the federal court system. I am mandated by state and federal regulations—through duties to warn—to breach confidentiality if I discover: 1) you are threatening self-harm or suicide; 2) you are threatening to harm another or commit a homicide; 3) a child has been or is being abused; 4) a vulnerable adult has been or is being abused or neglected; and/or 5) you have broken or intend to break a law or laws. If you wish your protected health information (defined by HIPAA) released to someone (attorney, physician, etc.), you must sign a specific Release of Information.

¹ Chapter 75, Title 40 of the 1976 South Carolina Code of Laws

² The Health Insurance Portability and Accountability Act of 1996 (HIPAA)

Ethics: I follow the Code of Ethics of the following organizations:

- The South Carolina Board of Examiners for The Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-educational Specialists
- The American Association for Marriage and Family Therapy

Litigation Limitation: Due to the confidential nature of therapy, I do not provide any type of information to be used in legal proceedings.

Informed Consent: You will be asked to sign the signature page of this document. Your signature verifies you have been provided this disclosure statement and the HIPAA document, and that you have read and understand these documents and that you consent to treatment. In addition, you need to be aware of the following:

- Treatment is not always successful and may open unexpected emotionally sensitive areas.
- I am not a physician and cannot prescribe medications.
- ***Appointments may be successfully cancelled as late as 24 hours prior to the scheduled time. If not notified within this time, you will be charged \$150 for a missed appointment.***
- I am licensed through the South Carolina Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. This Board is located in The Synergy Business Park in the Kingtree Building in Columbia, South Carolina at (803) 896-4658. The mailing address is PO Box 11329, Columbia, SC 29211-1329.

Other Important Information:

- In order for me to provide the best possible therapeutic environment, please **TURN OFF ALL CELL PHONES** during the therapy session.
- **For your safety**, after you park on the street, please walk up the driveway to the walkway to the front door. The grass is slippery and there is a sprinkler system that is easy to trip over.